

Volleyball rules

See international volleyball rules

Court

The game is played in a hall on sand. The court is 8 x 8 metres. Height of the net is 2,24 metres for girls and 2,43 metres for boys.

Team

Each team consists of 6 players and 2 substitutes.

Points

Rallypoint-system is used. Matches are played on time. A win is 3 points, draw 1 point and loss is no points.

Playing time

Playing time 20 minutes.

Special rules

- The ball can be played with any part of the body. Matches are played on bare feet.
- There is no middle line. A player is allowed to land on the opponent's half, provided the opponent is not hindered in any way by this
- Service can be taken from anywhere on the back-line (one attempt)
- A block is seen as playing the ball once, so after a touch by the block the ball can only be played twice. A player is allowed to first block and then play the "second ball"
- The ball is in when it hits the court (including the line). Even if the imprint of the ball in the sand is outside the line, the ball will be judged in if it touched the line